

Based on the Childcare Bureau Recommendations in this letter the following policy is in place effective 9/1/2020.

If any child displays or complains of the following list of symptoms, parents will be contacted, and the child should be picked up immediately.

Children, staff or family members with any of these symptoms without a diagnosed cause, should NOT be at Sophia's Hearth.

Parents are advised to contact their physician immediately when your child has any of these symptoms.

Your child may NOT RETURN to Sophia's Hearth until:

1. The 10 day/24-hour isolation protocol is completed\* or
2. Your physician certifies that there is another diagnosis responsible for the symptoms; or
3. Proof of a negative COVID-19 test has been provided.

The following is the CDC listing (as of 8/14/20) of signs or symptoms of COVID-19 in children:

- Fever
- Fatigue
- Headache
- Myalgia (muscle pain or muscle ache)
- Cough (uncontrolled)
- Nasal congestion or rhinorrhea (runny nose)
- New loss of taste or smell
- Sore throat
- Shortness of breath or difficulty breathing
- Abdominal pain
- Diarrhea
- Nausea or vomiting
- Poor appetite or poor feeding

\*10 day/24-hours protocol is out for 10 days AND symptom free for 24 hours.

The underlined symptoms were previously and continue to be listed by NH Childcare Licensing as symptoms that require exclusion from care until resolved for 24 hours, regardless of diagnosis.